

Thermally Activated Magnetic Reversal Induced by a Spin-Polarized Current

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We have measured the statistical properties of magnetic reversal in nanomagnets driven by a spin-polarized current. Like reversal induced by a magnetic field, spin-transfer-driven reversal near room temperature exhibits the properties of thermally activated escape over an effective barrier. However, the spin-transfer effect produces qualitatively different behaviors than an applied magnetic field. We discuss an effective current vs field stability diagram. If the current and field are tuned so that their effects oppose one another, the magnet can exhibit telegraph-noise switching.

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A spin-polarized current traversing a magnetic multilayer can, through exchange interactions, alter the orientation of ferromagnetic moments, producing domain reversal or other magnetic dynamics. Following early predictions [1–3], these spin-transfer effects have been observed [4–11] and they are generating interest as an alternative to the use of magnetic fields for switching elements in magnetic memories. Here we investigate the mechanism behind spin-transfer-driven switching by applying both magnetic fields and currents to our devices, and measuring the resulting switching statistics. In experiments near room temperature, we find broad distributions of switching currents that depend strongly on temperature, similar to the familiar distributions of switching fields measured when an applied magnetic field drives thermally activated magnetic reversal [12,13]. These statistics indicate that spin transfer near room temperature alters a thermally activated switching process. Competing theories of the spin-transfer effect have thus far considered only the limit when the temperature $T = 0$, and therefore they must be extended to describe our results. Nevertheless, we demonstrate that the spin-transfer effect cannot be understood as an effective magnetic field favoring parallel or antiparallel magnetic alignment of magnetic layers [14–16]. If we extrapolate our switching currents and fields to $T = 0$, we find qualitative agreement with the original spin-transfer theories [1,2], which we will call the torque model [17–20].

Figure 1(a) is a schematic of our device geometry. The fabrication process [9] employs electron beam lithography and ion milling to form a pillar with cross section ranging from $\sim 50 \times 50$ nm (sample 1) to $\sim 130 \times 60$ nm (sample 3) from a multilayer of 80 nm Cu/40 nm Co/6 nm Cu/3 nm Co/10 nm Au. The milling step is timed so that the thicker Co layer is left as an extended film. The differential resistance dV/dI as a function of bias current I perpendicular to the layers is plotted in the inset to Fig. 1(b). If the moments of the two magnetic layers are initially parallel (P) and the current is swept from negative to positive [21], dV/dI jumps at a critical-current I_c^+ , where the moment of the small Co nano-

magnet is driven antiparallel (AP) to the thicker Co film. The device remains in this AP state until the current is swept down past a negative value I_c^- , at which point the spin-transfer effect drives the nanomagnet back parallel to the thicker film.

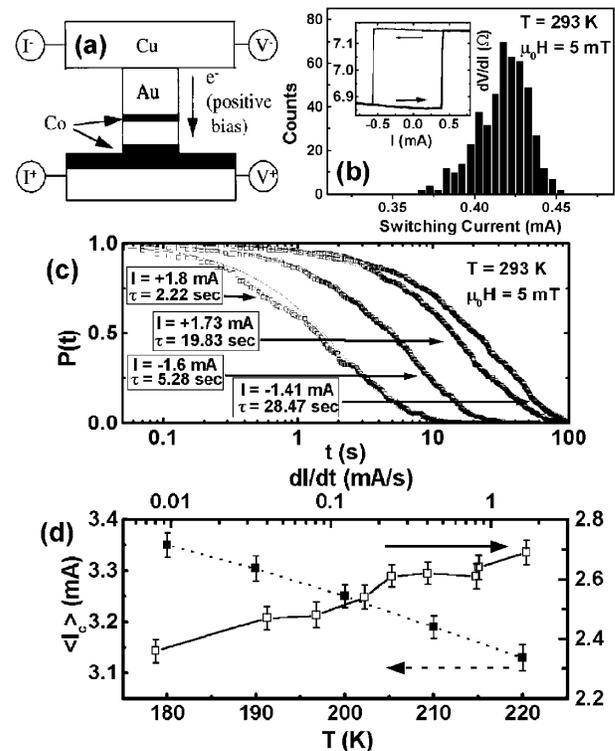


FIG. 1. (a) Schematic of the nanopylar device. [(b) inset] Differential resistance vs I for device 1. H is along the easy axis of the nanomagnet. (b) Distribution of switching currents for device 1, for the parallel to antiparallel transition. (c) Waiting time distributions for device 2. The distributions are fit to the function $e^{-t/\tau}$. (d) Dependence of the mean switching current $\langle I_c \rangle$ on T (closed squares) and current-sweep rate at room T (open squares) for device 3 at $H = 0$. The bars show the width $2\sigma_{I_c}$ of the distributions.

The value of current at which the magnet reverses varies from sweep to sweep. A histogram of I_c^+ at room T is shown in Fig. 1(b) for a current-sweep rate of $80 \mu\text{A/s}$. Similar histograms are found for all of the eight samples we have studied in detail. The stochastic nature of the switching is confirmed in experiments in which we hold the sample at a fixed I near a switching threshold; there is a waiting time before switching that also displays a broad distribution [12]. Probabilities $P(t)$ that the magnet has not reversed in a time t are plotted in Fig. 1(c) for a second sample and compared to exponential decay. As a function of either decreasing T or increasing sweep rate dI/dt , the distributions of I_c shift strongly to larger values of $|I|$ [Fig. 1(d)], indicating a thermally activated reversal process for which the effective barrier depends on I [12]. At temperatures below 100–150 K, the switching events generally consist of multiple jumps in resistance rather than a single jump. Related multiple jumps have been observed previously [8,9], and they indicate that the reversal mechanism at low temperature is not uniform rotation but rather a more complicated process involving multiple energy minima [13,22].

Our main focus in this Letter will be on the statistical distributions of switching currents and switching fields. By comparing the effects of I and a magnetic field H , we can gain new insights into the mechanism of spin transfer. Figure 2(a) shows the mean values of the switching-

current distributions as a function of constant H at room T measured with a current-sweep rate of $80 \mu\text{A/s}$. H for all data in the paper is applied within 5° of the easy axis of the nanomagnet. Both critical currents, $\langle I_c^+ \rangle$ and $\langle I_c^- \rangle$, shift towards more positive I as a function of H , with the $\text{AP} \rightarrow \text{P}$ transition $\langle I_c^- \rangle$ eventually shifting more rapidly until it intersects $\langle I_c^+ \rangle$ and the nanomagnet is no longer bistable [9]. In Fig. 2(b) we show the corresponding standard deviations for the switching currents, $\sigma_{I_c^+}^+$ and $\sigma_{I_c^-}^-$. These show unexpected differences. At low fields, $\sigma_{I_c^+}^+$ and $\sigma_{I_c^-}^-$ are roughly equal to one another. However, as H increases near the values required for a field-driven transition to the parallel state, $\sigma_{I_c^-}^-$ increases by more than threefold, while $\sigma_{I_c^+}^+$ decreases slightly.

If the roles of I and H are reversed, the results give a first indication that spin transfer acts quite differently than the magnetic field. The inset to Fig. 2(c) shows a plot of dV/dI near zero-current bias versus H along the easy axis for the same device as that used for Figs. 2(a) and 2(b). The low-field transition to the higher resistance state is due to the reversal of the lower-coercivity extended Co film, while the higher-field transition to low resistance corresponds to the switching field of the nanomagnet, H_c . $\langle H_c \rangle$ and σ_{H_c} as a function of I are shown in Fig. 2(c). While $\langle H_c \rangle$ monotonically increases with I , there is a distinct peak in σ_{H_c} , occurring at -0.2 mA.

The striking behavior exhibited in Fig. 2 can be explained within the theory of thermally activated switching. For any thermally activated process, one can define an effective barrier U by fitting the mean switching rate to the form $\tau^{-1} = \exp(-U/k_B T)/\tau_0$. As long as switching remains thermally activated and the effective attempt frequency τ_0^{-1} does not vary exponentially, any physical mechanism which causes the switching rate in our devices to change strongly with H or I can be fit using a changing effective barrier $U(H, I)$. This does not mean that I necessarily modifies a true energy barrier [23]. A formalism developed by Kurkijärvi provides the mathematical connection between the effective barrier and the switching statistics, for experiments in which the effective barrier is tuned by varying an external parameter at a constant rate [24]. We will express the Kurkijärvi formulas in terms of a general barrier-reducing parameter D , where $D = I$ or $D = H$. The calculation assumes that the effective barrier has the approximate form of a power law $U(D) = U_0(1 - D/D_{c0})^{a_D}$, where D_{c0} is the parameter at which switching occurs at $T = 0$, and a_D is a constant. The mean and standard deviation of the distributions for the switching point D_c are, to leading order [25],

$$\langle D_c \rangle = D_{c0} \left\{ 1 - \left[\frac{k_B T}{U_0} A(T, \dot{D}) \right] \right\}, \quad (1)$$

$$\sigma_{D_c} = \frac{|D_{c0}|}{a_D} \left(\frac{k_B T}{U_0} \right)^{1/a_D} [A(T, \dot{D})]^{(1-a_D)/a_D}, \quad (2)$$

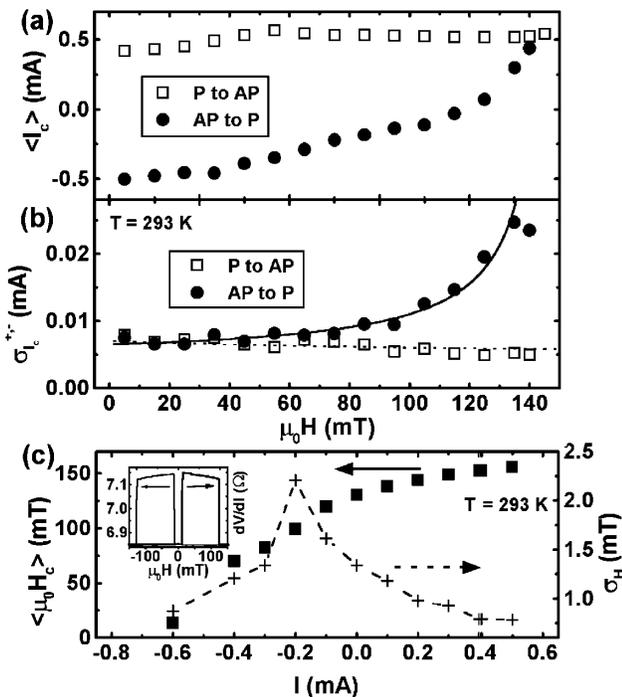


FIG. 2. (a) Mean and (b) standard deviation of I_c for device 1 as a function of H . Lines in (b) represent results of Eq. (4) using parameters listed in the text. (c) Mean and standard deviation of H_c as a function of I for device 1. Inset: the low-bias magnetoresistance loop.

$$A(T, \dot{D}) = \ln \left[\frac{1}{\tau_0 a_D} \frac{k_B T |D_{c0}|}{U_0 |\dot{D}|} \left(\frac{|D_{c0}|}{|D_{c0} - \langle D_c \rangle} \right)^{a_D - 1} \right], \quad (3)$$

where \dot{D} is the sweep rate.

We should also note that, in addition to reducing the effective barrier to reversal, the application of I could also heat the device. However, by comparing the magnitude of I -dependent changes in dc resistance at the relevant current levels (a few mA) to the T dependence of the low-bias resistance, we estimate that the devices are heated by at most 2–3 K above room temperature. This corresponds to a 1% effect on $\langle I_c \rangle$, which can be neglected.

Within the Kurkijärvi approach, if we apply a fixed magnetic field while sweeping I , then H has two effects on the I_c distributions. First, H alters the zero-current effective barrier height U_0 . For the AP \rightarrow P transition, the barrier is reduced from U_0 to $U_0(1 - H/H_{c0})^{a_H}$ (assuming a weak dependence of H_{c0} on I), while the P \rightarrow AP effective barrier is increased to $U_0(1 + H/H_{c0})^{a_H}$. Second, the magnetic field can modify the zero-temperature critical currents I_{c0}^\pm for the two transitions; the form will depend on the microscopic model. However, in the models proposed to date [1,2,14], this dependence is linear, so we will take $I_{c0}^\pm(H) = I_{c0}^\pm(0)(1 \pm H/H_s^\pm)$, where H_s^\pm are model dependent. Inserting these two quantities into Eq. (2) and neglecting the weak H dependence of A yields

$$\sigma_{I_c}^\pm(H) \propto (1 \pm H/H_s^\pm)/(1 \pm H/H_{c0})^{a_H/a_I}. \quad (4)$$

If spin transfer merely acted as an additional effective field in the direction of H , then we should have $a_I = a_H$ and $H_s^\pm = \mp H_{c0}$. In this case the numerator and denominator in Eq. (4) cancel and $\sigma_{I_c}^\pm$ should be H independent. This does not describe the data. In contrast, within the torque model [2], H_{c0} and $|H_s^\pm|$ differ. For a thin-film nanomagnet, H_{c0} is set by the small in-plane anisotropy $\mu_0 H_{\text{coercive}} \approx 150$ mT, while the field intercept $|H_s^\pm| \approx H_{\text{coercive}} + H_{\text{demag}}$, where H_{demag} represents the additional effect of the demagnetizing field as the moment precesses out-of-plane (for single-domain magnets undergoing coherent rotation, $\mu_0 H_{\text{demag}} = \mu_0 M/2 \approx 850$ mT for Co) [8,26]. As a result, within this approach $\sigma_{I_c}^-$ diverges at $H = H_{c0}$, while $\sigma_{I_c}^+$ slowly decreases, in excellent agreement with the data. The lines in Fig. 2(c) illustrate the results of Eq. (4) using the reasonable parameters $\mu_0 H_{c0} = 150$ mT, $|\mu_0 H_s^\pm| = 230$ mT, $a_I = a_H$, and the scale factors $\sigma_{I_c}^+(H=0) = 0.007$ mA, $\sigma_{I_c}^-(H=0) = 0.0065$ mA. Any fit requires that $|H_s^\pm|$ be much less than $M/2$; this may be an additional sign that the magnetic dynamics are more complicated than uniform rotation.

The dependence of σ_{H_c} on I can be understood within the same model by considering the full nature of the $T = 0$ stability boundaries for P and AP alignment—that is, $I_{c0}^\pm(H)$ and $H_{c0}(I)$. Within the thermal-activation theory, a simple relation allows us to connect the measured histo-

gram means and widths to the $T = 0$ stability boundaries: from Eqs. (1)–(3), since the function A depends weakly on its variables, to a good approximation $\sigma_{I_c}^\pm \propto |I_{c0} - \langle I_c^\pm \rangle|$ and $\sigma_{H_c} \propto H_{c0} - \langle H_c \rangle$. We can estimate the proportionality constant self-consistently as follows. The normalized sweep rate $\frac{|D|}{|D_{c0}|} \sim 0.05\text{--}0.1$ s $^{-1}$ and we use an attempt time $\tau_0 \approx 100$ ns [13,27]. By fitting the dependence of $\langle I_c \rangle$ on sweep rate for this sample to Eqs. (1)–(3), assuming the barrier exponents to be $a_I = a_H \approx 1.5$ [28], we find an $H = 0$ effective barrier of $U_0 = 1.5\text{--}2$ eV. Inserting these values into Eqs. (1)–(3) yields a proportionality constant ~ 0.1 , with the dominant uncertainty associated with τ_0 . The resulting estimates for the $T = 0$ stability boundaries, extrapolated from the room- T measurements of $\langle I_c^\pm \rangle$ and $\langle H_c \rangle$, are marked by the crosses in Fig. 3(a). The maximum in σ_{H_c} is associated with the knee in the stability diagram where the critical-current line $I_{c0}^-(H)$ joins the critical-field line $H_{c0}(I)$. In this region the magnet is maximally subject to thermally activated reversal, through the combined effects of I and H , and therefore $\sigma_{H_c}(I)$ is a maximum. If spin transfer worked as an effective-field, $I_{c0}^-(H)$ and $H_{c0}(I)$ would fall on one line, and there would be no maximum in $\sigma_{H_c}(I)$.

In order to compare these results to the torque model, we have calculated the stability boundaries within the $T = 0$ Slonczewski picture by numerically integrating the Landau-Lifschitz-Gilbert equation with a spin-torque term for a single-domain magnet with easy-plane and

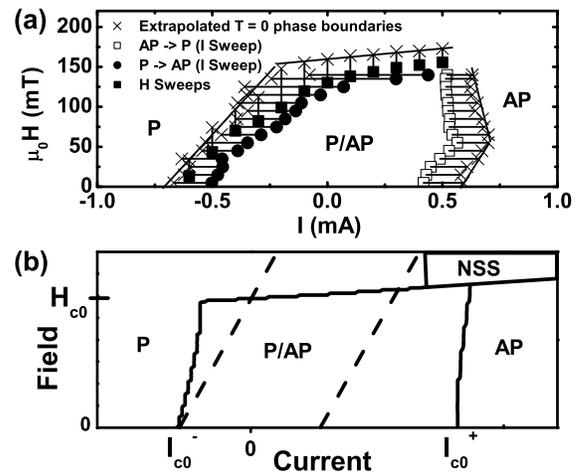


FIG. 3. (a) $T = 0$ current-field stability diagram (crosses) for device 1, showing the parallel (P), antiparallel (AP), and bistable (P/AP) regimes, determined as described in the text. The circles and squares are the same data as in Fig. 2, and solid lines are guides to the eye. (b) Form of the stability diagram in the Slonczewski torque model for a single domain magnet with easy-plane and in-plane anisotropies. NSS is a regime where non-static states exist. The critical currents I_{c0}^\pm are related through $I_{c0}^+/I_{c0}^- = g(\pi)/g(0)$, where g is the Slonczewski polarization factor [2]. Dashed lines: Stability boundaries in the effective-field model.

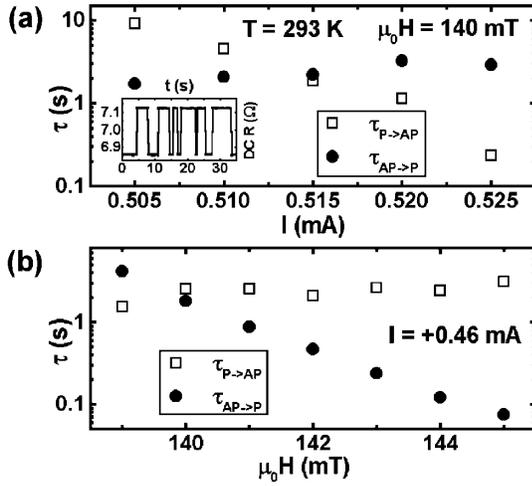


FIG. 4. Inset: dc resistance versus time for device 1 with $\mu_0 H = 140$ mT and $I = +0.51$ mA at room T . (a),(b) Mean switching times for the two resistance states. The time scales in (a) and (b) do not match precisely because of a small shift in the sample between measurements.

in-plane anisotropies [Fig. 3(b)] [26]. Although we do not expect this model to be quantitatively accurate if the reversal mechanism is not single-domain uniform rotation, it has the qualitative features needed to understand the data. It predicts that the $I_{c0}^-(H)$ and $H_{c0}(I)$ lines are distinct, and intersect at a knee located at a negative value of I .

If we bias the sample near the point $\mu_0 H = 140$ mT and $I = +0.5$ mA where the spin-transfer effect and H oppose each other, we observe telegraph-noise-type switching between resistance states [inset, Fig. 4(a)] [4]. Unlike previous telegraph-noise studies in nanomagnets [12], which were done by applying H perpendicular to the easy axis so that the moment jumped between two closely separated angles, the jump here is between approximately full P and AP alignment. Most remarkably, the mean switching times for the two types of transitions depend very differently on H and I . If H is held fixed along the easy axis and I is increased [Fig. 4(a)], $\tau_{P \rightarrow AP}$ decreases exponentially, while $\tau_{AP \rightarrow P}$ increases only slightly. Varying H while holding I fixed [Fig. 4(b)], on the other hand, decreases $\tau_{AP \rightarrow P}$ exponentially, while $\tau_{P \rightarrow AP}$ increases much more slowly. These differences confirm that the spin-transfer effect and H act in different ways.

In summary, magnetic reversal driven by spin-polarized currents exhibits statistical properties of thermal-activation near room temperature. Our data show that spin transfer acts in a fundamentally different way than in the effective-field models [14,16], while features of the torque model [1,2] provide natural explanations for (i) the different dependence on H and I of $\sigma_{I_c}^+$ and σ_{H_c} , (ii) the shape of the $T = 0$ stability diagram for P and AP orientations, and (iii) the distinct difference between the effects of I and H on switching times in the

telegraph-noise regime. Our data do not rule out a small effective-field contribution in addition to the torque term [15,17].

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